SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

| COURSE TITLE | NURSING PRACTICE THEOF | RY 2A |
|--------------|------------------------|------------------------------|
| CODE NO,I | NUR 204 | SEMESTER THREE |
| PROGRAMME: | NURSING | |
| AUTHOR: | R. WILSON | |
| DATE: | SEPTEMBER 1992 PREV | VIOUS OUTLINE DATED: SEPT/91 |

APPROVED

CHAIRPERSON

₹ ¥1^^^ DATE

OCT \ 9 1992 --SAUL; ,^,^

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Course Name

NUR 204

Course Number

TOTAL CREDIT HOURS: 64

PREREQUISITE: NUR 114

I. PHILOSOPHY/GOALS:

The purpose of this course is to promote the student's critical thinking skills in applying the nursing process in the care of clients who require intervention to regain adaptation. This involves the study of physiological and psychosocial stimuli which tend to disrupt the integrity of the individual. Content is organized around examples of selected nursing diagnoses which illustrate nursing assessment and interventions required to assist clients to adapt in common health problem situations.

II. STUDENT PERFORMANCE OBJECTIVES:

- 1. Demonstrate the use of the nursing process for selected clients who require intervention to regain adaptation.
- 2. Use adaptation theory as a conceptual basis for nursing pratice in assisting clients who require intervention to regain adaptation.
- 3. Relate in a therapeutic manner with all ages in one on one relationships and relate effectively to groups of persons and clients, the nursing team and other health team members.
- 4. Demonstrate behaviours which reflect the inherent worth and dignity of the individual and of groups.
- 5. Examine legal and ethical implication of own nursing practice
- 5. Examine the structure and function of the health team.
- 7. Seek opportunities for own personal and professional development.

| NURSING | NUR 204 | | |
|--------------------|---|--|--|
| Cc | ourse Name | Course Number | |
| TTT. TOP T(| CS TO BE COVERED: | | |
| | FRAME AND SEQUENCE FOR SEMESTER 1 | HOURS | |
| | | | |
| UNT.I. | 1: Introduction to Illness | 3 | |
| UNIT | Maternity a) The Family Adapting to Gestation b) The Family Adapting to Labour & Declaration c) The Family Adapting to Postpartum the Newborn d) The Family Adapting to High Risk | and | |
| UNIT | 3 The Surgical Client | 5 | |
| UNIT | 4 Nutrition and Fluids & Electrolytes | 10 | |
| UNIT | 5 Elimination | 3 | |
| UNIT | 6 Interdependence Part B Conflict Resolution Part C Teaching and Learning | 5 | |
| UNIT | 7: Temperature | | |
| UNIT | 8: Role Function | | |
| | * Note: Sexuality will be taught in S | emester IV | |
| IV. L | EARNING ACTIVITIES REQUIRED | RESOURCES | |
| as | ssessment of adaptive and outlines | vidual unit for learning es and resources. | |
| | | al readings for ss will be posted | |
| | emonstrate how to determine daptation level of client. | | |
| nı Co | Identify and prioritize nursing diagnoses which are consistent with and supported by assessment data. | | |
| i: re | etermine goals which change neffective behaviours and einforce behaviours which romote or maintain adaptation | | |

promote or maintain adaptation

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IV. CONTINUED .

LEARNING ACTIVITIES

- REQUIRED RESOURCES
- Explain nursing interventions and demonstrate selected skills to assist client to regain/ maintain adaptation,
- 7. Classify nursing interventions as independent or interdependent nursing functions.
- Determine relevant information to report and record.
 - Determine appropriate methods of reporting and recording,
- 9, Evaluate achievement of goals. Note: Refer to individual
- Note: Refer to individual unit outlines for specific content

EVALUATION METHODS; (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

TEACHING-LEARNING METHODOLOGIES

The following methodologies will be utilized in assisting the student to develop critical thinking skills and to promote student participation.

- 1. Group Discussion
- 2. Case Studies
- 3. Questioning Techniques
- 4. Self Learning Activities
 - readings
 - AV presentations
 - researching nursing implications for diagnostics/medications
 - assignments
 - workbooks
- 6. Games
- 7. Lecture

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V, EVALUATION METHODS CONTINUED

METHOD OF ASSESSMENT (GRADING METHOD)

| 1 | a) Test #1 b) Test #2 c) Final Exam | Oct. 19, 1992 Nov. 23, 1992 Exam Week | 2 2 marks 2 2 marks 3 3 marks |
|----|---|--|-------------------------------------|
| | Workbooks a) Postpartum due b) Newborn due | Sept. 21, 1992 @ 0830 Sept. 28, 1992 @ 0830 | 8 marks |
| 3. | Quizes (self learni a) nutrition (3) b) elimination (4) | ng diagnostics/medications) | 7 marks |

Group Presentation 8 marks
 Burn Diagnosis Using Teaching/Learning Theories

TOTAL 100 marks

Note: Exams will be predominantly multiple choice format but may contain short answer questions.

All exams are the property of Sault College of Applied Arts and Technology, Health Sciences Division.

An overall average of 60% is a pass in Nursing 204.

Marks will be posted only with written permission from the student.

VI, REQUIRED STUDENTS RESOURCES;

Bobak, I. and Jensen, M., Essentials of Maternity Nursing, 3rd edition, C.V. Mosby Company, Toronto, 1990.

Brunner, L.S. and Suddarth. <u>Textbook</u> of <u>Medical-Surgical</u> <u>Nursing</u>, 7th edition, Lippincott Co., Toronto, 1991.

Clark, J., Queener, S. and Karb, V. <u>Pharmacological Basis of</u> Nursing Practice, C.V. Mosby Co., Toronto, 1990.

Ford, R., <u>Diagnostic Tests Handbook</u>, Springhouse Book Co., Springhouse Pennsylvania, 1987. (newest edition is 1990)

Skidmore-Roth, L. <u>Kosby's 1992 Nursing Drug Reference</u>, C.V. Mosby Co., Toronto, 1991.

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VI. REQUIRED STUDENTS RESOURCES . . .

Staff Reference Manual: Postpartum Support Program, Ministry of National Health & Welfare, 1989.

Whaley, L.F. and Wong, D.L. <u>Essentials of Pediatric Nursing</u>, 3rd edition, C.V. Mosby Co., Toronto, 1989.

Williams, S. <u>Essentials of Nutrition and Diet Therapy</u>[^] 5th edition, C.V. Mosby Co., Toronto, 1990.

Wilson, R.A. Family Adapting to Newborn, revised May 1992.

Wilson, R.A. Family Adapting to Postpartum, revised May 1992. (to be purchased at College Campus Shop)

Wilson, R.A. Family Adapting to Labour and Delivery, revised May 1992, (to be purchased at College Campus Shop).

Wilson, R.A. Family Adapting to Gestation, May 1992. (to be purchased at College Campus Shop)

Additional publications will be placed on Library Reserve or given out in class.

VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION;

See Unit outlines for details

VIII, SPECIAL NOTES;

Topics subject to change at discretion of instructor based on the learning needs of the student.